

NURSING CARE FOR TODDLERS (AGES 1-5 YEARS) WITH FEBRILE
SEIZURES IN THE DAHLIA ROOM OF DR. SOEDOMO TRENGGALEK
HOSPITAL

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ABSTRACT

Background : A febrile seizure is a medical emergency condition in children due to an abnormal increase in body temperature that is at risk of causing brain cell hypoxia to permanent neurological complications. **Research Objective** : To carry out comprehensive nursing care in An. S with a diagnosis of Simple Fever Seizures at dr. Soedomo Trenggalek Hospital. **Research Method** : This study uses a descriptive method with a case study approach. Data were collected through interview, observation, and documentation study techniques. The data sources obtained were primary data from interviews and physical examinations, while secondary data from laboratory examination and documentation were available. **Research Results** : From the results of the study, complaints of fever, seizures 1x, and cough with phlegm were found. Priority diagnoses include ineffective airway cleaning, hyperthermia, and the risk of recurrent seizures. Interventions focused on effective cough exercises, lowering body temperature, and seizure prevention. The final evaluation showed that the problem was resolved, with the condition improving, no coughing, body temperature at normal limits, and no recurrent seizures. **Conclusions** : From the analysis of nursing care in febrile seizure clients, it was shown that the majority of the data were in line with existing theories, although there were gaps in growth history, family health history, elimination patterns, physical examination of the eye, and in the number of nursing diagnoses (3 out of 7 theoretical diagnoses). Family involvement plays an important role in monitoring body temperature and the success of non-pharmacological measures at home. Overall, nursing care shows a high degree of conformity between fact and theory. Nurses are advised to optimize education to parents regarding first aid during seizures and self-management of fever to prevent permanent neurological complications in children.

Keywords: Nursing Care, Fever Seizures, Toddlers.