

FAMILY ANXIETY LEVELS IN RED TRIAGE AT THE EMERGENCY
DEPARTMENT OF RSUD dr. SOEDOMO TRENGGALEK

Raynata Setya Pradana
D3 Nursing Study Program, Trenggalek District Campus, Poltekkes Kemenkes
Malang, Jl. Dr. Soetomo No. 5 Trenggalek

Email : raynatasetya@gmail.com

ABSTRACT

Triage is a process to determine treatment priority based on the level of emergency, one of which is red triage indicating critical and emergency conditions. The critical condition of patients in red triage often triggers anxiety in their families. Family anxiety can affect decision-making and influence the psychological condition of the patient, making it important to know the level of anxiety experienced by the patient's family. This study aims to identify the level of anxiety in patients' families in red triage based on age, education, gender, and family relationship at the Emergency Department of RSUD dr. Soedomo Trenggalek. This study used a quantitative descriptive design. The study was conducted from April 3 to 9, 2026. The study population consisted of 32 patients, with a sample of 14 respondents selected using accidental sampling techniques. Inclusion criteria included family members of patients who were willing to be respondents, cooperative, able to read and write. Exclusion criteria included patients with communication disorders and those not present at the research location during data collection. Data were collected through questionnaires and analyzed using univariate analysis. The majority of respondents experiencing mild anxiety were female (100% of that group), aged over 40 years (50%), had a high school education (21.43%), and had a family relationship as a parent (father/mother). In this study, respondents' characteristics including age, education, gender, and family relationship played an important role in the anxiety level of patients' families in the red triage at the emergency department. Further research is suggested to investigate factors that can affect the level of family anxiety with a different sample size or method

Keyword: Anxiety, Triage, Gender, Age, Education, Family Relationship