

NURSING CARE FOR CLIENTS WITH ISCHAMIC CEREBROVASCULAR  
ACCIDENT (CVA) IN THE FLAMBOYAN WARD OF Dr. SOEDOMO  
TRENGGALEK HOSPITAL

Aura Puspa Alimasayu  
D3 Nursing Study Program, Trenggalek Regency Campus,  
Ministry of Health Polytechnic  
Malang, Jl. Dr. Soetomo No. 5, Trenggalek  
Email: [puspaaura4@gmail.com](mailto:puspaaura4@gmail.com)

**ABSTRACT**

**Background:** Ischemic CVA occurs when a blockage closes an artery in the brain, causing the brain to lose its supply of nutrients and oxygen, resulting in necrosis of brain tissue and cells. **Objective:** This study provides nursing care to clients with ischemic stroke and analyzes the gap between theory and fact in the Flamboyant Room of Dr. Soedomo Trenggalek Regional General Hospital. **Method:** This study uses a qualitative descriptive design with a case study approach to obtain interview data, physical examination, data collection, direct observation, and analysis is carried out by comparing facts, theories and opinions. **Results:** There is more agreement between theory and fact than there is a gap, for the nursing problems that arise are Decreased Intracranial Adaptive Capacity related to cerebral edema, Impaired Physical Mobility related to neuromuscular disorders. The evaluation was carried out for three days using SOAP. **Conclusion:** Comprehensive nursing care is able to help overcome nursing problems in clients with ischemic stroke. The agreement between theory and fact shows the importance of implementing the appropriate nursing process to accelerate recovery and prevent complications.

Keywords: Nursing Care, Ischemic CVA, Patient