

**NURSING CARE FOR PATIENTS WITH CVA (CEREBRO VASCULAR
ACCIDENT INFARCTION IN THE STROKE UNIT ROOM OF DR.
SOEDOMO RSUD TRENGGALEK**

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ABSTRACT

Introduction: Cerebrovascular Accident (CVA) Infarction is a functional brain disorder that occurs suddenly due to the cessation of blood flow or oxygen supply to brain tissue. This condition can cause permanent disability or even death if not immediately treated within the golden period. **Objective:** To describe comprehensive nursing care for CVA Infarction patients in the Stroke Unit of Dr. Soedomo Trenggalek Regional General Hospital through a nursing process approach that includes assessment, diagnosis, intervention, implementation, and evaluation. **Methods:** This study uses a qualitative descriptive case study design with one patient CVA Infarction as the subject. Data collection was carried out through interviews, observations, physical examinations, and documentation studies for three days (March 26–28, 2026). **Results:** The assessment identified a gap between theory and reality, with the patient experiencing no speech impairment, dysphagia, or urinary incontinence. The priority nursing diagnoses established were risk of ineffective cerebral perfusion related to hypertension and impaired physical mobility related to decreased muscle strength. Interventions included monitoring vital signs, managing intracranial pressure, providing a semi-Fowler's position, and performing active and passive range of motion (ROM) exercises. After three days of implementation, the patient's condition improved, with blood pressure under control and dizziness reduced. **Conclusion:** Nursing care must be tailored to the patient's actual needs and conditions, despite differences from general theory. Family support and early physical rehabilitation play a crucial role in the successful recovery process for stroke patients.

Keywords: Nursing Care, CVA Infarction, Cerebral Perfusion, Physical Mobility