

NURSING CARE FOR CLIENTS WITH CHF (CONGESTIVE HEART FAILURE) IN THE SADEWA ROOM, dr. SOEDOMO HOSPITAL, TRENGGALEK

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ABSTRACT

Background: Congestive Heart Failure (CHF) is a heart disease in which the heart cannot pump enough blood to the entire body, so body tissues do not receive adequate oxygen and nutrients. If not managed properly, it can cause various serious complications that affect quality of life and increase the risk of death.

Objective: The objective of this study is to provide nursing care to clients with CHF (Congestive Heart Failure) in Sadewa Room, RSUD dr. Soedomo Trenggalek, and to analyze the gaps between theory and practice.

Method: The method used was qualitative descriptive with a case study approach. Data sources included primary and secondary data. Primary data were obtained from interviews, observation, and physical examination, while secondary data were obtained from laboratory examination results and documentation.

Results: The study found nursing diagnoses of decreased cardiac output related to changes in heart rhythm and impaired gas exchange related to ventilation-perfusion imbalance. Interventions carried out included cardiac care and respiratory monitoring. Implementation was carried out according to the client's condition and the nursing care plan. Evaluation was conducted on subsequent days until the client was discharged from the hospital. Based on the case study analysis, gaps were found between theory and practice in the areas of nutritional patterns, elimination patterns, psychosocial history, and musculoskeletal examination.

Conclusion: After three days of nursing care, it can be concluded that clients with CHF require special monitoring to achieve optimal recovery. Therefore, adequate information and appropriate actions are important in providing nursing care to clients with CHF.

Keywords: Nursing Care, CHF (Congestive Heart Failure), Client.