

## **ABSTRACT**

Dela Ayu Puspitasari (2025). Midwifery Care for Mrs. S, 27 Years Old, G1P0000Ab000, Gestational Age 32–33 Weeks with Moderate Anemia. Scientific Case Study Report. Diploma 3 Midwifery Program, Poltekkes Kemenkes Malang. Supervisor: Ni Wayan Dwi Rosmalawati, A.Per.Pen., M.Kes.

Anemia is an indirect cause of maternal mortality in developing countries. Pregnant women with anemia have a higher risk of miscarriage and preterm labor. This condition poses serious risks, including bleeding during labor and premature birth. The purpose of this study was to provide midwifery care management for a pregnant woman with moderate anemia using the SOAP documentation approach. This research used a descriptive exploratory case study method. The subject of this study was Mrs. S, a pregnant woman diagnosed with moderate anemia. The care was conducted from July 10 to July 20, 2025, at Pagelaran Public Health Center, Malang Regency. Primary data were obtained through interviews, physical examinations, and observation, while secondary data were collected through literature review. The results showed a 1 g/dL increase in hemoglobin level, from 9.3 g/dL to 10.3 g/dL. The patient agreed to regularly take iron tablets and consume a diet rich in protein, carbohydrates, and vitamin C. Midwifery care focused on moderate anemia in pregnancy showed significant improvement. This final project is expected to serve as a source of knowledge, especially in managing anemia during pregnancy, and as a reference for future midwifery car

**Keywords: Pregnancy, Moderate Anemia**