

OVERVIEW OF THE LEVEL OF KNOWLEDGE OF MOTHERS ABOUT THE PROVISION OF MP-ASI TO BABIES AGED 6-24 MONTHS IN SURUH VILLAGE OF THE WORK AREA OF THE SURUH HEALTH CENTER

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ABSTRACT

Background: Complementary Foods BREAST MILK (MP-ASI) is a nutritious food or drink that is first introduced to babies aged 6-24 months. The provision of MP-ASI functions as a complement to breast milk to meet the needs of energy and nutrients that are no longer able to be met by breast milk. Mother's knowledge about proper MP-ASI feeding is very necessary so that babies get nutritional intake that is appropriate for their age. **Research Objective:** To find out the description of the level of knowledge of mothers about the administration of MP-ASI to infants aged 6-24 months in Suruh Village, Working Area of the Suruh Health Center. **Research Method:** This study uses quantitative descriptive, the population of this study is 64 while the sample used is 39 respondents with a sampling technique using *purposive sampling*. Data collection was carried out using questionnaires. **Research results:** It was found that out of 39 respondents, it was known that all respondents had good knowledge in the field of tofu (C-1), most of the respondents had good knowledge in the field of understanding (C-2) and most of the respondents had knowledge with good categories in the field of application (C-3). **Conclusion:** This study can be concluded that most of the respondents have good knowledge about the administration of MP-ASI to infants aged 6-24 months in Suruh Village, Work Area of the Suruh Health Center. Health workers as a source of information for the community in order to be able to maintain counseling activities about MP-ASI and mothers who have children aged 6-24 months so that they are always active in seeking information about MP-ASI.

Keywords : Knowledge, Mother, MP-ASI, Baby Age 6-24