

MOTHERS' KNOWLEDGE LEVEL OF STUNTING AT THE LILI  
POSYANDU IN TAMANAN VILLAGE, TRENGGALEK COMMUNITY  
HEALTH CENTER WORKING AREA

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## ABSTRACT

**Background:** Stunting is a condition of failing to grow in toddlers due to chronic malnutrition, especially in the first 1000 days of life, which has an impact on the physical and cognitive development of children. One of the factors that affect the incidence of stunting is the level of maternal knowledge about nutrition, exclusive breastfeeding, and complementary foods. **Research Objective:** To describe the level of knowledge of mothers under five about stunting at Posyandu Lili, Tamaran Village. **Research Method:** The study used a quantitative descriptive design with a population of 32 mothers under five while the sample used was 30 respondents with a sampling technique using *purposive sampling*. Data collection was carried out using questionnaires. **Research Results:** It was found that out of 30 respondents, it showed that most of the respondents had a good level of knowledge in the realm of tofu (C-1), and the average respondent had a good level of knowledge in the realm of understanding (C-2). **Conclusion:** This study can be concluded that most of the respondents have good knowledge about stunting at Posyandu Lili, Tamanan Village, Trenggalek.

Keywords: stunting, mother's knowledge, toddlers, child nutrition