

THE DESCRIPTION OF FAMILY ANXIETY LEVELS IN THE EMERGENCY DEPARTMENT AT RSUD dr. SOEDOMO TRENGGALEK

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ABSTRACT

Introduction: The Emergency Department (ED) is a hospital service unit that handles patients in emergency and life-threatening conditions. This condition often causes anxiety in the patient's family, which can affect decision-making and the ability to provide support to the patient. **Objective:** To determine the anxiety level of the patient's family in the Emergency Department of RSUD dr. Soedomo Trenggalek. **Method:** This study used a quantitative descriptive approach. The study population was all family members of patients in the Emergency Department of RSUD dr. Soedomo Trenggalek. The sample consisted of 94 respondents using purposive sampling technique. The research instrument used the Zung Self-Rating Anxiety Scale (SAS) questionnaire to measure the anxiety level of respondents. **Results:** Based on age, the majority of respondents did not experience anxiety in the pre-elderly group (46–59 years), with 21 out of 22 respondents (95%). Based on gender, the majority of respondents did not experience anxiety in the male group, with 31 out of 35 respondents (89%). **Conclusion:** Respondent characteristics including age and gender were found to influence the anxiety levels of patients' families in the Emergency Room. Future researchers are recommended to examine other variables that are more diverse and complex in order to obtain a more comprehensive picture of anxiety among patients' families in the Emergency Room.

Keywords: Anxiety, Patient's Family, ED