

PSYCHIATRIC NURSING CARE FOR SCHIZOPHRENIA PATIENTS WITH
AUDITORY HALLUCINATIONS IN THE NUSA INDAH ROOM OF dr.
SOEDOMO TRENGGALEK HOSPITAL

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ABSTRACT

Background: Schizophrenia is a serious mental illness characterized by irregular thoughts, strange behaviors and speech, and hallucinations such as hearing voices. Hallucinations are mental disorders in which clients experience sensory perception disorders, the appearance of false sensations in the form of sounds, tastes, touch, sight, or smell. This condition causes sufferers to experience significant disruption in social function, work, and self-care. Comprehensive psychiatric nursing treatment is indispensable to assist patients in controlling symptoms and improving their quality of life. **Research Objective:** To carry out and analyze psychiatric nursing care for schizophrenia patients with auditory hallucinations in the Nusa Indah Room of dr. Soedomo Trenggalek Hospital, including the study, diagnosis, planning, implementation, evaluation, and analysis of the gap between theory and practice. **Research Method:** This study uses a qualitative descriptive design with a case study approach on schizophrenia patients with auditory hallucinations in the Nusa Indah Room of dr. Soedomo Trenggalek Hospital. Participants were selected based on cooperative criteria, able to communicate verbally, fully conscious. Data collection using psychiatric nursing care sheets was carried out through studies, physical examinations and documentation. **Research Results:** From the results of the study, it was found that there was a gap between theory and facts, namely psychosocial assessments, mental status, and self-care needs. Nursing problems that arise are in the form of Auditory Hallucinations, Low Self-Esteem, Sleep Pattern Disorders, and Anxiety. The interventions used were in accordance with the existing study theory. Implementation is carried out based on interventions that have been prepared and adjusted to the patient's condition. The nursing evaluation was carried out for six days with the results of the problem not being resolved, but the patient was able to do SP 1-4. **Conclusion:** The recovery of schizophrenic patients with auditory hallucinations takes a short time, so intensive and continuous treatment is needed to achieve optimal results.

Keywords: schizophrenia, auditory hallucinations, psychiatric nursing care