

ABSTRACT

Alista Yunni'Matul Izza (2025). Midwifery care for mrs. S 6 hours Postpartum with Postpartum Hypertension at RSIA Puri Bunda Kota Malang. Case study scientific paper. Diploma III Midwifery Study Program, department of midwifery, health polytechnic of the ministry of health Malang. Supervisor: Ari Kusmiwiyati, S.ST., M.Keb.

Postpartum hypertension is a condition characterized by increased blood pressure after childbirth, which can lead to serious complications if not treated properly, such as eclampsia, stroke, or even death. The aim of this study was to describe midwifery care for mrs. S, 6 hours postpartum with postpartum hypertension, using the midwifery management approach. The case study was conducted at rsia puri bunda malang. The approach included subjective and objective assessments, diagnosis and problem identification, planning, implementation, and evaluation. The main interventions were blood pressure monitoring, administration of antihypertensive therapy as prescribed, education on a low-salt and high-protein diet, ensuring adequate rest, and monitoring for danger signs. After three days of care, the mother's blood pressure decreased from 159/100 mmhg to 130/90 mmhg. Integrated midwifery care combined with medical therapy and education proved effective in lowering postpartum blood pressure. Regular blood pressure monitoring and strong collaboration between healthcare providers and the family are essential in managing postpartum hypertension.

Keywords: Postpartum Hypertension, Postpartum Mother, Blood Pressure, Midwifery Care