

ABSTRAK

Della Prizky Novita (2025). *Asuhan Keperawatan Pasien TB Paru dengan Ketidakpatuhan Minum Obat Di Wilayah Kerja Puskesmas Ponorogo Selatan*. Karya Tulis Ilmiah Studi Kasus, Program Studi DIII Keperawatan Kampus Kab. Ponorogo, Jurusan Keperawatan, Politeknik Kesehatan Kemenkes Malang, Pembimbing Heru Wiratmoko, S.Kp, M.Kep.

Tuberkulosis adalah penyakit yang dapat menular dari satu orang ke orang lain, disebabkan oleh bakteri yang dikenal dengan nama *Mycobacterium tuberculosis*. Ketidakpatuhan minum obat dapat disebabkan karena salah satu dari faktor yaitu pengobatan TB dalam jangka waktu lama, banyak penderita sudah merasa sembuh sehingga berhenti minum obat. Deskriptif kualitatif merupakan metode penelitian yang dikumpulkan melalui wawancara, observasi, dokumentasi atau mengenai masalah yang sedang diteliti yang terjadi di lapangan. Subjek yang didapatkan yaitu partisipan laki-laki berusia 26 tahun. Berdasarkan dari pengkajian didapatkan diagnosa keperawatan ketidakpatuhan minum obat karena program terapi kompleks atau terlalu lama. Intervensi dilakukan dengan Dukungan Kepatuhan Program Pengobatan menggunakan beberapa media seperti edukasi melalui media leaflet dan pengisian kuisioner MMAS-8. Implementasi dilakukan selama 3 x 24 jam. Hasil evaluasi didapatkan masalah belum teratasi ditandai dengan belum tercapainya angka tertinggi dari pengisian kuisioner tingkat kepatuhan minum obat dari tidak patuh menjadi kurang patuh dengan hasil nilai skor 2,25 menjadi nilai skor 7. Dukungan keluarga dan petugas kesehatan sangat dibutuhkan untuk memotivasi pasien dalam meningkatkan kepatuhan dalam menuntaskan pengobatan.

Kata kunci: Tuberculosis Paru, Ketidakpatuhan Minum Obat, Dukungan Kepatuhan Program Pengobatan

ABSTRACT

Della Prizky Novita (2025). Nursing Care of Pulmonary TB Patients with Non-Compliance in Taking Medication in the Work Area of South Ponorogo Health Center. Scientific Paper Case Study, DIII Nursing Study Program, Ponorogo Regency Campus, Nursing Department, Health Polytechnic, Ministry of Health, Malang, Supervisor Heru Wiratmoko, S.Kp, M.Kep

*Tuberculosis is a disease that can be transmitted from one person to another, caused by bacteria known as *Mycobacterium tuberculosis*. Non-compliance with taking medication can be caused by one of the factors, namely long-term TB treatment, many sufferers have felt cured so they stop taking medication. Qualitative descriptive is a research method that is collected through interviews, observations, documentation or regarding the problems being studied that occur in the field. The subjects obtained were 26-year-old male participants. Based on the assessment, a nursing diagnosis of non-compliance with taking medication was obtained due to a complex or too long therapy program. Interventions were carried out with Treatment Program Compliance Support using several media such as education through leaflet media and filling out the MMAS-8 questionnaire. Implementation was carried out for 3 x 24 hours. The evaluation results showed that the problem had not been resolved, indicated by the failure to achieve the highest score from filling out the medication compliance questionnaire from non-compliant to less compliant with a score of 2.25 to a score of 7. Support from family and health workers is needed to motivate patients to increase compliance in completing treatment.*

Keywords: Pulmonary Tuberculosis, Non-Compliance with Taking Medication, Treatment Program Compliance Support