

ABSTRACT

QUALITATIVE STUDY : IMPLEMENTATION OF THE SCHOOL HEALTH PROGRAM (UKS) IN IMPROVING CLEAN AND HEALTHY LIVING BEHAVIOR (PHBS) AT SMPN 6 SINGOSARI

Selvia Redita Dwi Ruhisaadah, Wandu, S.Kep.Ners., M.Pd
Program Studi Sarjana Terapan Promosi Kesehatan Poltekkes Kemenkes Malang
Email : selviar896@gmail.com

The UKS program in promoting school health is closely related to promoting PHBS. However, there are still UKS programs that are not running well, so they are unable to improve PHBS in schools. This indicates an implementation gap that requires a deep understanding of things that can affect the effectiveness of UKS. The purpose of this study was to determine the implementation of the UKS program in improving PHBS at SMPN 6 Singosari. The research method used was qualitative with a case study approach. Informants consisted of 4 interview informants and 8 FGD informants. Data collection techniques through in-depth interviews, FGDs, observation, and documentation. The results of this study are that the implementation of health education has been integrated into intracurricular, co-curricular, and extracurricular learning; the implementation of health services is carried out internally and externally with the Singosari Community Health Center; the implementation of fostering a healthy school environment includes sanitation management, utilization of school yards, PSN, canteen and PKL development, creating a school free from smoking, drugs, and bullying; PHBS at SMPN 6 Singosari has not yet met the 8 PHBS indicators in schools; Supporting factors include the availability of a UKS room, collaboration with the Singosari Community Health Center, and the active participation of health unit instructors. Inhibiting factors include funding, school human resource knowledge, insufficient human resources for the UKS, and students' lack of understanding of the UKS regulations. Recommendations include establishing and developing school health cadres, integrating health education into the Clean Friday, Healthy Friday, and Environmental Friday programs, optimizing health promotion media, collecting data on health facilities and infrastructure.

Keywords : Program Implementation, PHBS, UKS