

ABSTRACT

**IMPLEMENTATION OF A FAMILY EMPOWERMENT STRATEGY
FOR FAMILIES UNABLE TO CARE FOR FAMILY MEMBERS WITH
DEMENTIA IN THE CIPTOMULYO COMMUNITY HEALTH CENTER
AREA, MALANG CITY**

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ABSTRACT

Dementia is one of the major health problems among older adults, characterized by progressive cognitive decline that affects an individual's ability to perform daily activities. This condition not only impacts patients but also affects families as the primary caregivers in providing continuous care. The inability of families to recognize health problems, make decisions, and provide appropriate care may result in ineffective family health management. This final nursing scientific paper aims to describe the application of the Family Empowerment Strategy in families with difficulties caring for family members with dementia. This study used a descriptive case study method with a family nursing care approach consisting of assessment, nursing diagnosis, planning, implementation, and evaluation. The subject was a family with an elderly member experiencing dementia with the main nursing problem of Ineffective Family Health Management. The intervention applied was the Family Empowerment Strategy through Family Self Management Plan (FSMP) involving health education, improvement of family skills, care planning, and environmental modification. The results after three nursing visits showed an improvement in family abilities to understand dementia, provide care, make health decisions, and develop a family health management plan. The application of the Family Empowerment Strategy can improve family capacity in managing health problems and supporting optimal dementia care for elderly family members.

Keywords: Dementia, Family Nursing, Family Empowerment Strategy, Family Self Management Plan, Elderly