

ABSTRACT

Sanya Salsa Tsabita (2025). Midwifery Care for a Postpartum Mother with Insufficient Breast Milk Production (ASI Tidak Lancar) in Mrs. N Caused by Improper Breastfeeding Technique at TPMB Afita Deliana, Turen, Malang. Case Study Scientific Paper, Diploma III Midwifery Study Program, Department of Midwifery, Health Polytechnic of the Ministry of Health Malang. Advisor: Ita Yuliani, SST., M.Keb.

Breast milk is the primary and best source of nutrition for newborns, especially during the early stages of life. However, not all postpartum mothers are able to produce breast milk smoothly. Insufficient breast milk flow in postpartum mothers may be caused by several factors, including improper breastfeeding position, maternal psychological conditions such as stress and fatigue, lack of breast stimulation, and certain medical conditions. This problem can affect the infant's nutritional adequacy, growth and development, and increase the risk of early formula feeding. Management of insufficient breast milk flow requires immediate interventions such as education on proper breastfeeding position and latch, emotional support from family, breast care, and collaboration with healthcare professionals. With appropriate management, breast milk production can be improved to ensure the infant's nutritional needs are adequately met.

Keywords: Breast milk supply is not smooth in postpartum mothers