

ABSTRACT

Scientific Paper: Case Study of Midwifery Care for a 2-Year-Old Child with Toddler Diarrhea at the Fitri Chandra Child Health Center

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Diarrhea is the third leading cause of death among children under the age of five, with an estimated 443,832 deaths occurring annually. It is caused by gastrointestinal infections due to bacteria, viruses, or parasites, and is commonly transmitted through contaminated food and poor sanitation. The Integrated Management of Childhood Illness (IMCI) is a comprehensive and integrated healthcare approach aimed at addressing the primary causes of child mortality, including diarrhea. This study aims to examine midwifery care for a toddler with diarrhea using the IMCI approach at a primary healthcare facility, TPMB Fitri Chandra. The study employed a descriptive method with a case study design involving a two-year-old child (referred to as "A") diagnosed with diarrhea. Data were collected from June 20 to June 30, 2025, through interviews and observations using SOAP documentation and the IMCI assessment form. The child presented with diarrhea occurring three times per day, with watery and mushy stools, and no blood observed. Based on analysis using the MTBS form, the child was classified as having diarrhea without dehydration. Treatment included administration of zinc tablets and health education provided to the caregiver regarding diarrhea management and the importance of maintaining proper hygiene. After ten days of supervision and care, the child's condition improved and returned to a healthy state. In conclusion, midwifery care using the IMCI approach, including oral rehydration, zinc supplementation, and caregiver education, proved effective in managing diarrhea without dehydration in toddlers.

Keywords: *Toddler, MTBS, and Diarrhea*