

ABSTRACT

Maharani, Diah. 2023. *The Effect of Empowerment of Adolescent Health Cadres (KKR) as Peers on Reproductive Health in Students at SMP Negeri 3 Banyuwangi*, Thesis, Poltekkes Kemenkes Malang Prodi Sarjana Terapan Promosi Kesehatan. Pembimbing I: Sugianto Hadi, SKM, MPH, Pembimbing II: Wandu, S.Kep, Ners, M.Pd.

Reproductive health is a state of complete physical, social, and mental well-being, not merely free from disease or disability related to reproductive functions, systems, and processes. Reproductive health problems in adolescents as a group of early adolescents tend to increase as in SMP Negeri 3 Banyuwangi there are problems of students who are involved in free sex, students who watch pornographic videos, and menstrual disorders in female students. Lack of information, motivation, and support for adolescent students regarding reproductive health can be a factor that causes reproductive health problems. The purpose of this study was to determine the effect of KKR empowerment as a peer on knowledge, attitudes, and actions about reproductive health in students at SMP Negeri 3 Banyuwangi. Type of quantitative research Pre-experimental Design with One Group Pretest-Posttest design. The study population was 224 students. The research sample was determined by purposive sampling technique with a total of 60 students. The results of the Wilcoxon test on the student knowledge and action variables obtained a value of $p < 0.000$ or $p < 0.05$ means H_a is accepted. In the student attitude variable, the value of $p < 0.004$ or $p < 0.05$ means that H_a is accepted, meaning that there is an effect of empowering KKR as a peer on increasing knowledge, attitudes, and actions about reproductive health in students of SMP Negeri 3 Banyuwangi. It is expected that henceforth SMP Negeri 3 Banyuwangi can periodically empower reproductive health to students of SMP Negeri 3 Banyuwangi through KKR, Counseling Guidance (BK), and School Health Unit (UKS)..

Keywords: *Empowerment, Reproductive Health, Adolescent Health Cadres (KKR), Students, Knowledge, Attitude, Actions.*