

## ABSTRACT

**Kusuma, Christina. 2023. *The Effect Of Booklet Media Education On Changes In Knowledge Of Breast Self-Examination (BSE) In Adolescent Girls at SMAN 6 Malang. Poltekkes Kemenkes Malang. Prodi Sarjana Terapan Promosi Kesehatan. Supervisor I : Dr. Farida Halis DK, S.Kp, M.Pd, Supervisor II : Pudji Suryani, S.KP, MKM.***

*Breast cancer is one of the non-communicable diseases in Indonesia with a high prevalence, and breast cancer attacks women from adolescence to adulthood. Lack of knowledge of Adolescent Girls causes low action regarding breast self-examination (BSE). This research aimed to identify the influence of booklet media on changes in knowledge of breast self-examination (BSE) in Adolescent Girls at SMAN 6 Malang. The method used in this research was quantitative with a pre-experimental research design in the form of one group pre-test post-test. Determination of the sample using purposive sampling with the number of respondents 38 Adolescent Girls. From the results of the research, it was found that there were differences in knowledge about breast self-examination (BSE) before and after being given education using booklet media with pre-test results (89.5%) in the poor category, (10.5%) in the sufficient category and post-test results (92.1%) good category and (7.9%) sufficient category. The Wilcoxon test data analysis results show a p-value of 0.000 or p-values <0.05, which means that  $H_a$  it is accepted. From this research, the knowledge of breast self-examination (BSE) in Adolescent Girls can be changed with education using booklet media.*

**Keywords :** *breast self-examination (BSE), pre-experimental, one group pre-test post-test, knowledge*