

ABSTRACT

VIRGA ERLINDA SEPTYARIANTI, 2023. *The Effect of Nutrition Assistance on Mother's Knowledge, Level of Energy Consumption, and Nutritional Status (BB/U) of Underweight Baduta Age 6-23 Months in Sumbersari Village, Lowokwaru District, Malang City. Advisor : Tapriadi, Juin Hadisuyitno, I Nengah Tanu Komalyana.*

Underweight is a nutritional problem that still occurs in Indonesia. Underweight is a nutritional status based on the index of body weight for age (BB/U) with a z-score of less than -3 SD to -2 SD. Based on data from the Dinoyo Health Center in Malang City in 2021, Sumbersari Village is the village with the highest incidence of Underweight, namely 13.4%. Low knowledge and lack of family skills, especially mothers regarding parenting which includes the practice of giving MP-ASI is also one of the causes of malnutrition. Efforts to improve mother's knowledge, energy consumption level, and nutritional status (BB/U) for Underweight children can be done in the form of nutritional assistance.

Objective: *To determine the effect of nutritional assistance on mother's knowledge, level of energy consumption, and nutritional status (BB/U) of Underweight children aged 6-23 months in Sumbersari Village, Lowokwaru District, Malang City. **Method:** This research design is a type of descriptive qualitative research with a case study method or approach. The number of samples in this study was 12 baduta mothers. Processing and analysis of data presented in the form of tables or graphs and analyzed descriptively. **Results:** The level of knowledge of underweight clown mothers has increased with an average increase in knowledge value of 20. The level of energy consumption of underweight clowns has increased with an average increase in the total energy consumption of clowns by 12.3%. The nutritional status (BB/U) of the children under five has increased to the normal category for 5 children under the age of five. **Conclusion:** The results of the study regarding the effect of nutritional assistance on mother's knowledge, level of energy consumption, and nutritional status (BB/U) of Underweight children aged 6-23 months experienced an increase between before and after nutritional assistance.*

Keywords: *nutrition assistance, mother's knowledge, level of energy consumption, nutritional status (BB/U), underweight children*