

ABSTRACT

Stunting is one of the manifestations of nutritional problems, nutrition is an important part in the growth and development of toddlers. Toddlers who are said to be stunted have less height and are below standard. Two factors that cause stunting are sensitive and specific factors. Sensitive factors that most occur is in the parenting of parents, where mothers of toddlers have less knowledge of the preparation and processing of complementary foods given to toddlers with the risk of stunting. The purpose of this study was to determine how the provision of proper nutrition in infants with stunting risk in Mulyorejo Village. This study is a type of qualitative research with a case study approach on female toddlers 18 months with the risk of stunting in Mulyorejo Village. The case study was conducted in November-December 2022. Data collection was conducted through interviews and recording of anthropometric measurements, data processing by monitoring changes in anthropometric measurements of height and weight of toddlers, as well as the calculation of the adequacy of nutritional needs of toddlers. Based on the case study conducted there is an increase in the knowledge of mothers of toddlers about stunting and about the preparation and processing of complementary feeding of toddlers in accordance with their needs, where the score of the mother's knowledge at the time of evaluation with an average of 4 with a very good category. The results of anthropometric measurements of toddlers also increased where the height of toddlers by 75.4 cm and weight of toddlers by 8.3 kg at the end of the measurement, the calculation of the adequacy of the nutritional needs of toddlers also increased and in the good category. From this study it was found that increasing the knowledge of mothers of toddlers to the preparation and processing in accordance with the conditions of toddlers can help the growth process of toddlers.

Keywords: Stunting, complementary feeding, nutrition care, growth and development of toddlers