

## ABSTRACT

**RATNA NINGRUM**, 2023. *The Relationship of Knowledge and Attitudes of Mothers Baduta Age 0-24 Months in Exclusive Breastfeeding On Nutritional Status (BB/U) in Karangduren Village.*

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**Background** : Children aged 0-24 months is a golden period of growth and development that determines the quality of health at a later age. The measure of success in fulfilling nutrition is nutritional status as indicated by height and weight. Nutritional status is good if the amount of nutrient intake is in accordance with what is needed, while unbalanced nutritional status can be achieved in the form of less nutrition than needed. One of the nutritional problems in toddlers that can be seen from the health card (KMS) is the BGM (Below the Red Line) toddler (Ratnawati et al., 2020). The prevalence of underweight in Malang Regency in 2022 is 13.4%, the prevalence of BGM in Pakisaji subdistrict is 0.5%, while the prevalence of BGM in Karangduren Village is 4.7%.

**Research Objectives** : This study aims to determine The Relationship of Knowledge and Attitudes of Mothers Baduta Age 0-24 Months in Exclusive Breastfeeding On Nutritional Status (BB/U) in Karangduren Village.

**Research Method** : Analytic observational research method with cross sectional research design. The sample is 25 mothers under five. Processing data using Chi-square test.

**Results** : The results of this study indicate that there is no significant relationship between mother's knowledge about exclusive breastfeeding and the nutritional status of under-fives ( $p=0.593$ ), and there is no significant relationship between the mother's attitude towards exclusive breastfeeding and the nutritional status of under-fives ( $p=0.160$ ).

**Conclusion** : There is no significant relationship between mother's knowledge about exclusive breastfeeding and the nutritional status of under-fives, and there is no significant relationship between the mother's attitude in exclusive breastfeeding and the nutritional status of under-fives.

**Suggestion** : Suggestions to mothers under two to increase their visits to posyandu, and suggestions to posyandu cadres to provide more information about the importance of coming to posyandu so they can monitor the growth of under five

**Keywords** : Knowledge, Attitude, Exclusive Breastfeeding, BGM