

ABSTRAK

Permatasari, Jayanti Putri. 2022. Effect of Health Education on BSE in Young Women on Skills in Detecting Breast Cancer. Thesis, Undergraduate Study Program in Applied Midwifery Malang, Health Polytechnic of the Ministry of Health Malang, Main Advisor : Reni Wahyu Triningsih, S., ST., M.Kes Advisor : Afnani Toyibah A.Per.Pen., M.Pd

Background: Breast cancer is a type of disease that causes death in the world and can be prevented as early as possible in various ways, one of the most effective is breast self-examination (BSE) **Objective:** This research aims to determine the effect of health education about BSE in adolescent girls on skills in detecting breast cancer. **Methods:** Research method is a literature review obtained from 2 databases, namely Google Scholar and PubMed from 2016-2021 using inclusion and exclusion criteria. The keywords used are "The Effect of Health Education on Awareness on Young Women", "Early Detection of Breast Cancer", "Breast Cancer", "Breast Self-Examination". **Results:** There were 12 journals that discussed the influence of health education about BSE for young women in early detection of breast cancer. Other factors that can influence young women in detecting breast cancer early include knowledge, attitudes, behavior and skills. **Conclusion:** Health education regarding BSE in adolescents has an influence on early detection of breast cancer as a routine activity to prevent breast cancer. Methods of breast self-examination is important in breast self-examination, especially for young women because it is one of the reasons for applying BSE as a routine activity to prevent breast cancer.

Keywords: early detection of breast cancer, breast cancer, breast Self-Examination