

**THE RELATIONSHIP BETWEEN SPIRITUALITY AND LENGTH OF
TREATMENT WITH FAMILY ANXIETY OF INTENSIVE CARE UNIT
(ICU) PATIENTS AT RSI AISYIYAH MALANG**

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ABSTRACT

The high mortality rate in the ICU and the small life expectancy are reasons for fear for some patients and their families, because most patients treated in the ICU suffer from chronic physical pain which may even result in death. The aim of this research was to determine the relationship between spirituality and length of treatment with family anxiety of Intensive Care Unit (ICU) patients at RSI Aisyiyah Malang. The research design uses non-experimental quantitative methods with a cross-sectional correlation approach. The sampling method used total sampling, namely all families and patients of the Intensive Care Unit (ICU) of RSI Aisyiyah Malang totaling 33 respondents. The instruments of this research were the length of treatment observation sheet, the Spiritual Well Being Scale (SWBS) questionnaire and the Zung Self-rating Anxiety Scale (ZSAS) questionnaire. This study used the bivariate Spearman rank correlation test ($\alpha=0.05$). The research results showed that the spiritual level of the patient's family was generally high, the average length of patient care was 4 days, and the anxiety level of the patient's family was generally low. The results of the Spearman rank correlation test showed a p-value of 0.000 for the variables spirituality and length of treatment with the anxiety of the patient's family. The conclusion is that there is a relationship between spirituality and length of treatment with family anxiety of Intensive Care Unit (ICU) patients at RSI Aisyiyah Malang. It is hoped that hospitals, especially nurses, will pay attention in nursing care to the importance of spirituality in overcoming the anxiety of families of Intensive Care Unit (ICU) patients.

Keywords: *Spirituality, Length of Treatment, Family Anxiety, Intensive Care Unit (ICU)*