

ABSTRACT
**NUTRITIONAL CARE FOR PATIENTS POST-SURGERY OF
SUBMANDIBULARY ABSCESS WITH PARAPHARYNGEAL
ABSCESS COMPLICATED BY HYPOALBUMINEMIA
(CASE STUDY AT DR HARJONO SOEDIGDOMARTO
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Background: Albumin functions to maintain body fluid balance and support the function of the immune system which is very necessary in the healing process of odontogenic infections such as mandibular abscesses. Hypoalbumin can worsen the immune response and slow down the healing process of infected tissue. So that diet therapy is needed according to the patient's condition using the Standardized Nutrition Care Process (PAGT) which aims to accelerate the healing process of post-operative wounds and also avoid further complications.

Method: This study uses a descriptive observational method with a case study design that aims to determine the characteristics of patients based on gender, age, education, screening results, nutritional assessment, biochemical data, clinical physical data, nutritional history data and personal history, food monitoring intake at Dr. Harjono Soedigdomarto Ponorogo Regional Hospital.

Results: The results of the study showed normal nutritional status anthropometry, biochemistry for high leukocyte values and low albumin values, clinical physical pulse and high temperature and general condition of weakness, swollen neck and difficulty swallowing, past nutritional history of deficit intake, current nutritional history of increased intake, personal history of active smoking, therapy given to patients with TKTP diet and medical actions in the form of abscess surgery and administration of anti-inflammatory drugs.

Conclusion: The results of the 3-day monitoring evaluation showed that the anthropometry remained normal nutritional status, no new biochemical results were obtained, the patient's clinical physique and food intake increased. Based on the observations, it can be concluded that the patient has complied with the diet given and this study was successful.

Keywords: Nutritional care, Hypoalbuminemia, Submandibulary abscess