

**THE RELATIONSHIP OF THE ROLE OF PARENTS WITH
FULFILLING CHILDREN'S CALORIE NEEDS AND NUTRITIONAL
STATUS**

(at SDN 1 Kreet Senggrong)

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Abstract

A habit that often occurs in children is that children are lazy about breakfast which causes the stomach to be empty, blood sugar levels decrease which causes the body to become weak, sleepy, and difficult to accept lessons. Parents have a direct role in children's eating patterns through behavior, attitudes and eating styles which influence the child's nutritional status. This study aims to analyze the level of relationship between the role of parents and meeting the daily calorie needs and nutritional status of children in students at SDN 1 Kreet Senggrong. This research uses an approach *cross-sectional*. The sample in this study was all 44 students and parents of grade 5 and 6 students at SDN 1 Kreet Senggrong and used a total sampling technique. Quantitative descriptive research method with questionnaire data collection techniques, *food recall 24 hours*, and anthropometric measurements. Data analysis uses tests *spearman rank*. The results of univariate analysis show that the majority of parents' roles are in the sufficient category, namely 24 people (54.4%). Most of the children's daily calorie needs are in the deficient category, namely 30 people (68.2%), almost all children's nutritional status is in the good category, namely 37 people (84.1%). The results of the bivariate analysis show that there is no significant relationship between the role of parents and fulfilling the calorie needs of children with a correlation value ($p = 0.159$) and the results of the bivariate test show that there is a significant correlation between the role of parents and the nutritional status of children with a correlation value ($p = 0.004$). . The recommendation from the results of this research is that future researchers can use leaflets to educate about the role of parents in meeting children's daily calorie needs and nutritional status and look for other factors that influence the role of parents in meeting children's daily calorie needs.

Keywords: Child, Nutritional Status, Parents, Students