

THE RELATIONSHIP OF FAMILY CHARACTERISTICS AND EATING PATTERNS WITH THE INCIDENT OF STUNTING IN TODDLER IN THE WORKING AREA OF THE MOJOLANGU HEALTH CENTER

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ABSTRACT

Family characteristics are an important component in a person's health status. The diet of toddlers plays an important role in the growth and development process. The aim of this research is to determine the relationship between family characteristics and eating patterns with the incidence of stunting in toddlers in the Mojolangu Community Health Center working area. The research design uses quantitative descriptive research methods using a cross-sectional approach. The sampling technique used was probability sampling, cluster sampling type involving 52 parent respondents. Data collection uses interviews and questionnaires. Determination of respondents is based on inclusion criteria. The data analysis test uses univariate analysis to determine the characteristics of the respondents. Bivariate analysis uses the chi square test to determine the relationship between 2 variables. The results of the chi square correlation show that the majority of stunting incidents are short, parents have high school education, self-employed work, income below the minimum wage in Malang City, the number of children is less than 2 children, there is no relationship between parental education and stunting (P value = $0.736 > 0.05$), there is no relationship between parental employment and the incidence of stunting (P value = $0.821 > 0.05$), there is a relationship between parental income and stunting (P value = $0.023 < 0.05$), there is no relationship between the number of children with stunting and (P value = $0.420 > 0.05$), there is a relationship between diet and stunting (P value = $0.006 < 0.05$). Therefore, the author suggests that parents increase their knowledge by following developments in health information, especially regarding children under five, both through health promotion and mass media.

Keywords : Family Characteristics, Eating Patterns, Incidence of Toddler Stunting.