

ABSTRACT

The Influence of Health Education Using Singing and Wordwall Methods on the Personal Hygiene Behavior of School Age Children

Class 1 at MI Nurul Hikmah

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Elementary school age children often experience health problems related to lack of personal hygiene measures, this is because they still often ignore and care less about the causes and consequences of the health problems they often experience, so preventive and promotive efforts are needed so that elementary school age children have knowledge, attitudes and actions of good and correct personal hygiene to prevent the occurrence of several health problems. This research study was conducted to analyze the effect of health education using singing and Wordwall methods on the personal hygiene behavior of school-aged children. The research design uses quantitative methods with a pre-experimental pre-test post-test design. This test is to analyze students' behavior (knowledge, attitudes, actions) regarding personal hygiene. The research sample was 39 students with a sampling technique, namely total sampling, the test used was the Wilcoxon test. The results of the research showed that the personal hygiene behavior of class 1 MI Nurul Hikmah students before being given the intervention mostly lacked knowledge, their attitudes were negative and their actions were lacking, the personal hygiene behavior of class 1 MI Nurul Hikmah students after being given the intervention most of their knowledge was good, their attitudes were positive and their actions were good , There is an influence of health education using singing and Wordwall methods on the knowledge, attitudes and actions of grade 1 students at MI Nurul Hikmah respectively ($p = 0.000$). Therefore, researchers suggest that UKS supervisors and local health centers use play methods, namely singing and Wordwall, to provide health education related to personal hygiene to school-age children.

Keywords: *Health Education, Personal Hygiene, Behavior, Singing, Wordwall*