

**THE EFFECT OF HEALTH EDUCATION BY DISCUSSION METHOD ON
FAMILY KNOWLEDGE AND ATTITUDES IN HEALTH CARE**

POST SECTIO CAESAREA MOTHER'S

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ABSTRACT

Family knowledge and attitudes towards caring for post-sectio caesarea mothers play an important role in deciding what steps to take for the health care of postoperative mothers. Through health education with the discussion method, it is the right choice for increasing family knowledge and attitude because the respondent and the speaker can exchange opinions so that the respondent does not feel taught and is just given an explanation. The purpose of this research is to determine the influence of health education with discussion methods on family knowledge and attitudes in maternal health care post-sectio caesarea. Research design is pre-experimental without using a control group. The sampling technique used is quota sampling with as many as 20 respondents. The difference analysis test uses the Wilcoxon test. The results of the research show that there is an increase in family knowledge and attitude after health education with the discussion method. The results of the Wilcoxon test p-value knowledge 0.000 and p-value attitude 0.000 show that it can be concluded that there are differences in knowledge and family attitudes before and after health education with the discussion method. The provision of health education with the discussion method should be applied in health services to improve the knowledge and attitude of the family in the care of mothers post-sectio caesarea.

Keywords: Health Education, Knowledge, Attitudes, Sectio Caesarea