

ABSTRACT

Pujiastuti, Retno. D. 2024. Overview of Behavioral Factors of Women of Childbearing Age in Choosing Injectable Contraceptives at the Independent Practice of Midwife “I” Malang Regency. Thesis. Bachelor of Applied Midwifery Study Program. Health Polytechnic of the Ministry of Health Malang. Main Advisor: Dr. Nurul Pujiastuti, S.Kep, Ns, M,Kes. Co-Advisor: Lisa Purbawaning W, S.KM., M.Kes

Injectable contraception is one of the most popular short-term contraceptive methods used and the second largest contributor to the dropout rate in Indonesia. This study aims to determine the behavioral factors of women of childbearing age in choosing injectable contraceptives. The research design was descriptive quantitative. The research instrument used a questionnaire with a Likert scale. Sampling using consecutive sampling technique with a sample size of 40 injectable contraceptive acceptors calculated by the slovin formula. Data analysis techniques with univariate in the form of frequency distribution tables. From the results of the study it was found that of the 40 respondents most did not have a patriarchal culture in the family (70%), almost all the role of midwives in the good category (93%), mothers / mother-in-laws support (95%) and peers support (92.5%) in choosing injectable contraceptives. Based on the results of the study, the existence of a family planning program is a shared responsibility as a couple of childbearing age, for that good communication is needed between the two parties. Midwives as health workers have an important role regarding the selection of injectable contraceptives. Mother-in-law and peer support is not only based on side effects and personal experience but also emotional support, approval, and confidence. It is expected that health workers continue to strengthen education, ensure the availability of injectable contraceptives, and increase monitoring of injectable contraceptive use to reduce dropout rates, given the high level of acceptance and use in the community.

Key words: patriarchal culture, mother / mother-in-law support, peer support, injectable contraceptives, the role of midwives.