

ABSTRACT

Maulidah, Khania Wahyu.2024. Screening for the Risk of Unhealthy Pregnancy in Prospective Brides at KUA Singosari Region, Malang Regency. Skripsi. Applied Midwifery Undergraduate Study Program Health Polytechnic Ministry of Health Malang. Main Supervisor : Dr. Farida Halis DK, S.Kp.,M.Pd., Companion supervisor : Ari Kusmiwiyati,SST.,M.Keb.

A healthy pregnancy requires physical and psychological preparation where a mother-to-be must prepare for it before pregnancy occurs. Related to this, the impact of the unpreparedness of the future mother can actually cause a risky pregnancy that leads to pain and the death of the mother can be prevented. About 30% of married brides-to-be at KUA do not do premarital screening. The purpose of this research is to find out the picture of pregnancy risk screening in brides-to-be. Quantitative descriptive research design with survey approach, with a population of 32 prospective brides, sampling uses the total sampling technique with a total sample of 32 people. This research instrument uses questionnaires, then the data is analyzed using quantitative descriptive. The results of the study found 19% married at the ideal age (20-35 years), 69% IMT within normal limits, 81% did not have SEK, and 41% had mild anemia. Conclusions based on the results of preconception screening, most respondents (69%) get results that are not ready to get pregnant, so it is hoped that the bride and groom will do preconception screening independently through the Kescatin application so that the risk of pregnancy and childbirth complications can be avoided.

Keywords: Bride-to-be, Risk of Healthy Pregnancy, Screening.