

## **ABSTRACT**

***Khatimah, Andi Husnul, 2023. Development of Health Education Media About Quality of Life for Menopausal Women. Skripsi. Program Studi Sarjana Terapan Kebidanan Malang. Pembimbing Utama: Rita Yulifah, S.Kp., M.Kes Pembimbing Pendamping: Naimah, SKM., M.Kes.***

*Menopause is a period that a woman must face in her life and is a natural process as she gets older. If the menopause period is not passed optimally, problems such as depression and stress will occur in women. The aim of this research is to develop health education media as an effort to increase women's knowledge about the menopause period. This research is development research or R&D (Research and Development). The media developed in this research is health education media about the quality of life of menopausal women. The research stage begins with identifying potentials and problems, analyzing needs, creating product designs, conducting media tests and expert material tests, carrying out product revisions and product trials on 15 women aged 35-55 years. The instrument used is a questionnaire to assess the media that has been developed. The research results show that the validation value from media experts and material experts obtained from the Aiken index is  $V = 1.0$ , which indicates that health education media about the quality of life of menopausal women is valid and suitable for use. Meanwhile, practically it can be seen from the responses of women aged 35-55 years which showed that 100% gave positive responses provided that 80% gave very positive responses and 20% gave positive responses. Based on these data, it can be concluded that the health education media about the quality of life of menopausal women that has been developed is valid and practical.*

***Keywords: Health Education Media, Quality of Life for Menopausal Women***