

ABSTRAK

Rohmah Candra Nirmala. 2024. *The Effect of Providing Psychosocial Support on the Quality of Life in Stroke Infarction Patients at Lavalette Hospital, Malang*. Supervisor: Budiono, S.Kp., M.Kep. and Supono S.Kep, Ns, M.Kep.Sp. MB, Sulastyawati, S.Kep,Ns, M.Kep

Stroke is one of the causes of functional disability that can affect the quality of life of sufferers. The purpose of this study was to determine the effect of Cognitive Behavior Therapy (CBT) on the quality of life in stroke patients. This study was conducted with a Quasi Experimental design with Pre-Post Test Design. The sample in this study was 46 respondents. The research instruments were observation sheets and Specific Quality of Life (SS-QOL) questionnaires. Data analysis was carried out with univariate in the form of descriptions of the demographic characteristics of respondents and bivariate analysis using the paired sample t test.

The results of the study showed that (1) The level of quality of life in stroke patients at Lavalette Hospital Malang before (CBT) was 19 respondents (82.6%) patients with fairly good criteria. (2) The level of quality of life in stroke after CBT was given was 10 respondents (43.5%) patients with good criteria. (3) The results of the paired t test with a p value of $0.000 < 0.05$, indicate that there is an influence of CBT on the quality of life of stroke patients at Lavalette Hospital, Malang. CBT helps overcome the emotional burden faced by stroke patients, thereby changing the ability of stroke patients to carry out daily activities independently.

Keywords: Influence, Psychosocial Support, Quality of Life, Infarction Stroke