

ABSTRACT

Lutfia, Yuna Kholbiatul. 2024. Analysis of the Description of Work Duration And Work Period With Work Fatigue among Gas Distributor Company Drivers in Gresik. Malang Ministry of Health Polytechnic, Occupational Safety and Health Study Program. Supervisor I: Fariz Zuvil Arganata, SKM., M.KKK, Supervisor II: NafilatulFitri, SKM., M.KKK email: yuna_p17451204025@poltekkes-malang.ac.id

Background: Every job has its own burdens and requirements, and having a demanding career can put a person under a lot of pressure from both social and professional environments. Fatigue can be caused by personal stress factors. Based on observations and interviews, it is known that 5 drivers at the Gas Distributor Company in Gresik are experiencing work fatigue. Drivers complained that working hours exceeding capacity limits and the pressure to continue making deliveries caused fatigue and increased turnover rates at the company. **Objective :** This research aims to analyze the description of work duration, length of service and work fatigue among drivers at the Gas Distributor Company in Gresik. **Research Method:** This research uses descriptive quantitative methods. The number of samples in this study was determined by sampling a total of 30 drivers. The way to obtain research data is by filling out a questionnaire. **Results:** Based on the results of the analysis of the description of the working period with job fatigue in 30 drivers, it shows that 21 people with a working period ≥ 5 years obtained 5 people have high job fatigue and 4 people have very high job fatigue. Then of the 21 people who have worked < 5 years, 20 people have high fatigue and 1 person has very high fatigue. As well as analyzing the picture of work duration with job fatigue shows that 6 people who work < 8 hours obtained 3 people have high job fatigue and 3 people have very high job fatigue. Then from 24 people who work ≥ 8 hours, 22 people have high fatigue and 2 people have very high fatigue. **Conclusion:** Based on the results of the work period analysis, most drivers work < 5 years as many as 20 drivers and on the results of the work duration analysis, most drivers work ≥ 8 hours as many as 22 drivers.

Keywords : Duration of work, length of service, work fatigue, Gas Distributor Company in Gresik