

ABSTRACT

Aurelia, Titania Eha. 2024. The Effect of Empowering Little Doctor Cadres on Knowledge and Skills regarding Hand Washing with Soap in 5th Grade at Alam Ar – Rohmah Elementary School Malang Regency, Skripsi, Kemenkes Poltekkes Malang Program Studi Sarjana Terapan Promosi Kesehatan, Pembimbing I : Dr. Farida Halis, S.Kp, M.Pd, Pembimbing II : Tavip Dwi Wahyuni, S.Kep.Ns M.Kes

The little doctor program is one of the extracurricular programs in elementary schools and is part of the School Health Unit (UKS) as a supporting program to increase awareness of healthy living behavior from an early age, one of which is CTPS behavior in schools. 95% of elementary school age children in Dau District have implemented the behavior of washing their hands with soap after carrying out various activities. The aim of this research is to determine the effect of empowering "Little Doctor" cadres on Knowledge and Skills about Hand Washing with Soap among Grade 5 School Children at Alam Ar - Rohmah Elementary School, Malang Regency. This research uses a Pre-Experiment One Group Pretest – Posttest Design. The research sample consisted of 35 students using a total sampling technique. The results of the research show that there is an influence and change in the empowerment of little doctor cadres regarding knowledge ($0.000 < 0.05$) and skills ($0.000 < 0.05$) before and after being given treatment regarding CTPS to Grade 5 School Children at SD Alam Ar - Rohmah Regency Poor. The conclusion of this research is that H_0 is rejected and H_1 is accepted that there is an influence on the empowerment of little doctor cadres on the knowledge and skills about CTPS in Grade 5 School Children at SD Alam Ar – Rohmah. It is hoped that students can apply CTPS behavior from an early age to improve their health status.

Keywords : Empowerment, little doctor, knowlegde, skills, CTPS