

**THE RELATIONSHIP BETWEEN FAMILY SUPPORT AND STRESS
LEVEL OF REGIONAL MIGRANT STUDENTS WORKING ON THEIR
THESIS IN UNDERGRADUATE APPLIED NURSING PROGRAM
HEALTH POLYTECHNIC MALANG**

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ABSTRACT

Stress is a condition that arises when there is a mismatch between the demands placed on an individual and their ability to cope with those demands. One of the causes of stress faced by students is the process of working on their thesis. During this process, students often encounter various problems that can affect their physiological and psychosocial health. In dealing with stress, students need family support to reduce their stress levels. This study aims to analyze the relationship between family support and the stress levels of out-of-town students working on their thesis in the Bachelor of Applied Nursing Study Program at Poltekkes Malang. This research uses an observational method with a correlational design. The population consists of all out-of-town students working on their thesis in the Bachelor of Applied Nursing Study Program at Poltekkes Malang, totaling 131 students, from which 89 respondents were selected through purposive sampling. The analysis test uses the Spearman correlation. The analysis results show a significant relationship between family support and the stress levels of out-of-town students working on their thesis, with a p-value of 0.024 and an r value of -0.240. This indicates that the strength of the relationship is low, and the direction is negative, meaning that the higher the family support, the lower the stress levels experienced. Students are encouraged to reduce stress caused by their thesis by utilizing family support and seeking support from other sources, such as peers or significant others.

Keywords: Stress Levels, Family Support, Thesis Completion, Out-of-Town Students