

ABSTRACT

The Relationship between Frequency of Family Visits and Depression Levels in Elderly Clients at the Al-Ishlah Elderly Boarding House, Malang City. Nawang Lintang Sari (2024). Thesis, Malang Applied Nursing Undergraduate Study Program, Department of Nursing, Health Polytechnic Ministry of Health Malang, Supervisor (Main) Dr. Kissa Bahari, S.Kep., Ns., M.Kep and Supervisor (Companion) Supono, S.Kep., Ns M.Kep., Sp.KMB.

Depression problems often occur in elderly people > 60 years (elderly) especially those living in nursing homes. Whether family visits are frequent or not is thought to be related to the level of depression in elderly people living in nursing homes. The aim of this study was to determine the relationship between the frequency of family visits and the level of depression in elderly clients. The research design uses a correlational approach with a *cross sectional* approach. The sample selection method used total sampling with a total of 32 respondents. This research uses the *Spearman rank* correlation test with α 0.05. The research results showed that elderly people received occasional family visits (46.9%) and elderly people were not depressed (71.9%) and stated that there was a significant relationship between the frequency of family visits and the level of depression in elderly clients ($r=0.671$; $p<0.001$). It is hoped that families will understand the importance of visiting the level of depression in the elderly in nursing homes, so that the problem of depressive disorders can be prevented and controlled.

Keywords: Family Visits, Depression, Elderly