

ABSTRACT

The Effect of Mosaic Therapy on Hospitalization Stress in Children 4-6 Years at RSI UNISMA. (2024). Thesis, Malang Applied Nursing Undergraduate Study Program, Department of Nursing, Politeknik Kesehatan Kemenkes Malang. Supervisor Dr. Nurul Pujiastuti, S.Kep., Ns., M.Kes. dan Marsaid, S.Kep.,Ns.,M.Kep.

Preschool children's hospitalization stress is caused by separation from parents, medical treatments or procedures for child treatment, and children's limitations in coping mechanisms. One effort that can reduce hospitalization stress in children is mosaic play therapy because this play therapy can help distract from stress. This study aims to determine the effect of mosaic play therapy on the level of hospitalization stress in children aged 4-6 years old. The study used a pre-experimental research method, employing a static-group comparison design. The study population included all pediatric patients aged 4-6 hospitalized in the pediatric ward of RSI UNISMA. The study used purposive sampling and included 36 respondents. The statistical analysis employed a paired t-test, showing a difference in the average level of hospitalization stress before mosaic play therapy (39.17) and after treatment (28.39). As a result, a 2-tailed significance value of 0.00 with a p-value < 0.05 was found. This study concludes that mosaic therapy influences the level of hospitalization stress in children aged 4-6 years old at RSI UNISMA. It is hoped that this research can be considered as one of the options for parents of children undergoing hospitalization stress, aiming to help children cooperate during medical treatment and care.

Keywords: Playing Mosaic, Hospitalization Stress