

**THE RELATIONSHIP OF MOTHER'S ROLE ACHIEVEMENT ACCORDING
TO MERCER'S THEORY ON PREGNANT WOMEN'S READINESS TO
UNDERGO CAESAREA OPERATION AT BANGIL HOSPITAL**

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ABSTRACT

The increase in caesarean section operations covers more than 1 in 5 (21%) of all births and will continue to increase to almost a third (29%) of all births likely to be carried out in 2030. With the increasing number of caesarean section operations, it is necessary to have optimal patient preparedness To prepare for birth, which refers to preparing a pregnant woman for the birth of her baby, includes physical readiness, nutritional status, cleanliness of the stomach and colon, shaving the surgical area, personal hygiene, emptying the bladder, preoperative exercises, mental preparation, and informed consent. The readiness of pregnant women, especially from a mental perspective, is connected to the achievement of the mother's role according to Mercer's theory. The aim of this study was to determine the significant relationship between achieving the mother's role according to Mercer's theory and the readiness of pregnant women to undergo caesarean section surgery. The research design uses a correlational approach with a total sampling method and uses the Spearman Rank Correlation test. The results of this research are a p value of $0.03 < 0.05$ and a correlation coefficient of 0.401, meaning that the relationship between variables is sufficient and the relationship is positive or in the same direction, which means that the more the mother's role is achieved, the more prepared the pregnant mother will be to undergo caesarean section surgery. Suggestions for surgical and delivery room health workers to provide education on achieving the mother's role and re- check readiness for caesarean section surgery.

Keyword: achievement of the mother's role, readiness for surgery, caesarean section, Mercer's theory