

ABSTRACT

Nursing Care for the Elderly Mr. S with Pain Comfort Problems in Gout Arthritis with Intervention of Giving Warm Moringa Leaf Compresses in Pisang Candi Village, Malang City. Shervin Anggraeni (2024). Malang Nurse Professional Study Program Nursing Department, Malang Health Polytechnic. Supervisor Imam Subekti. S.Kp., M.Kep., Sp.Kom

Introduction: *Gout is one of the most common inflammatory joint diseases, which is characterized by the buildup of monosodium urate crystals in or around the joints and causes pain in the sufferer. One of the treatments that can be carried out in the elderly with gout pain is non-pharmacological therapeutic pain management by administering warm compresses of Moringa leaves. This case study aims to provide nursing care for the elderly Mr S with gouty arthritis problems with pain management intervention by administering warm compresses of Moringa leaves in Pisang Candi Village, Malang City.*

Methods: *This case study design focuses on case studies based on the nursing care process including assessment, nursing diagnosis, nursing intervention, nursing implementation and nursing evaluation. This case study is in the form of nursing care for elderly Mr S with gouty arthritis problems with pain management intervention by giving warm compresses of Moringa leaves in Pisang Candi Village, Malang City.*

Results: *Based on the results of the case study, it was found that there was a chronic pain problem which was implemented in the form of giving warm moringa leaf compresses, which in the patient evaluation showed that the chronic pain problem was partially resolved.*

Discussion: *Gout in the elderly which causes chronic pain problems requires non-pharmacological therapy, one of which is the application of warm Moringa leaf compresses, which must be carried out regularly and according to procedures to maximize the results of giving warm Moringa leaf compresses. So it is hoped that health workers can develop this therapy to maximize the results of warm Moringa leaf compresses for elderly people who suffer from gout and chronic pain problems.*

Keywords: *Gout Arthritis, pain, warm compress, Moringa leaves, elderly*