

ABSTRACT

"Existential Model Approach with Modality Therapy: Group Activity Therapy for Clients with Social Isolation in the Bantur Health Center Work Area". Reny Try Kumalasari (2024). KIAN, Nurse Professional Education Study Program, Nursing Department, Health Polytechnic Ministry of Health Malang, Supervisor Dr. Tri Anjaswarni S.Kp. M. Kep.

Social isolation is a condition where a person experiences a decline in interacting with other people, because the patient feels rejected, not accepted, lonely, and unable to build meaningful relationships with other people or those around him. This study aims to analyze the implementation and results of nursing care that implements the existential model approach with modality therapy: group activity therapy for socially isolated clients at the Bantur Community Health Center. This research was conducted at the Bantur Community Health Center, Malang Regency with a total of 192 patients with mental disorders. This research is descriptive with a case study to explore a nursing problem for clients with social isolation. Case study carried out using an existential model approach with therapeutic modality: group activity therapy. The evaluation results showed that interest in interaction increased, interest in activities increased, sad affect decreased, withdrawal behavior decreased. The conclusion is that the existential model approach with modality therapy: group activity therapy for socially isolated clients can increase interaction interest and activity interest.

Key words: Social isolation, existential approach, modality therapy, group activity therapy.