

ABSTRACT

Nursing Care for the Elderly Mrs. S with Osteoarthritis Problems Through Pain Management Interventions Implementing Kinesio Taping in the Janti Health Center Work Area, Malang City. Novita Ariyanti (2024). Malang Nursing Profession Study Program, Nursing Department, Malang Health Polytechnic. Supervisor Imam Subekti, S.Kp., M.Kep., Sp.Kom.

One of the problems that occur in the elderly is osteoarthritis, osteoarthritis is a degenerative joint disease, osteoarthritis causes pain in sufferers and inhibits patient activities. The purpose of this case study is to determine the description of nursing care for the elderly with osteoarthritis using the application of kinesio taping therapy to the level of pain. The design of this case study focuses on providing nursing care starting from assessment, diagnosis, intervention, implementation, and evaluation of nursing. This case study is a documentation of nursing care for elderly osteoarthritis with chronic pain nursing problems through the application of kinesio taping therapy with P: during activities, Q: being pricked, R: left knee, S: 3, T: coming and going. Based on the results of the case study, it was found that there was a chronic pain nursing problem with the provision of pain management interventions for the application of kinesio taping. In Mrs. S after being given nursing intervention for 3 meetings, the results of the last evaluation showed that the level of pain decreased, the client said it was no longer painful. The problem of pain is not enough to be overcome with therapy for one time, but pain management can be done independently if the pain recurs. So it is hoped that health workers can provide kinesio taping therapy which can be used as one of the interventions to reduce pain levels in patients with osteoarthritis.

Keywords: Osteoarthritis, Chronic pain, Kinesio taping, Elderly