

ABSTRACT

Analysis of Nursing Care with The Intervention Providing Pranayama Therapy to Children Experienced with Epilepsy at RSUD dr. Saiful Anwar Malang. Maharani Ersa Fadhilah, S.Tr.Kep. (2024) Ners Final Scientific Work, Nurse Professional Education Study Program, Department of Nursing, Health Polytechnic of the Ministry of Health Malang, Advisor Naya Ernawati, S.Kep., Ns., M.Kep.

Epilepsy has a high risk of developmental delays in children. The aim of this case study is to determine nursing care with the intervention of providing pranayama therapy to children who have epilepsy. The method for writing scientific papers used is a descriptive case study with a nursing care approach. The subjects of this research were children suffering from epilepsy. The results of the study showed that after intervention with pranayama therapy for 3 days, RR was 23x/minute and SpO₂ was 99%. The conclusion from this case study is that the patient did not experience recurrent seizures, appeared calm, and had a smooth airway. Future researchers are advised to research other therapies that support the management of breathing patterns in children with epilepsy.

Keywords: Nursing Care, Pranayama Therapy, Epilepsy