

## ABSTRACT

Nursing Care for Pregnant Women in the Second Trimester for Mrs. A G2P10001 by providing counseling on nursing problems nausea at the Wagir Community Health Center. Dhinda Salsabil Maharani (2024) Final Scientific Work Report for Nurses, Professional Education for Nurses, Nursing Study Program Malang Department of Nursing, Health Polytechnic Ministry of Health Malang, Advisor Mrs. Fitriana Kurniasari, S.Kep., Ns., M.Kep.

Pregnancy is a physiological process that causes changes in the mother and her environment that cause discomfort. One of the discomforts that often occurs is nausea, vomiting. Nausea, vomiting is a symptom that occurs during early pregnancy due to hormonal changes, namely an increase in the hormones estrogen, progesterone and the release of hCG (human chorionic gonadotropine). The aim of this scientific work is to determine the nursing care of pregnant women in the second trimester of Mrs. A G2P10001 with the nursing problem of nausea at the Wagir Community Health Center. The method used is a case study used to identify nursing care for pregnant women in the second trimester of Mrs. A G2P10001 with nausea nursing problems at the Wagir Health Center by using a comprehensive nursing care approach. The results of the study found complaints of nausea and vomiting in pregnant women in the second trimester and a nursing diagnosis of nausea was established. Next, nausea management interventions are provided, one of which is counseling in the form of education to reduce nausea and vomiting. The conclusion obtained is that during the procedure, the patient was cooperative, so the author recommends that the patient carry out a control 3 days after today's examination and suggests taking action independently at home, such as avoiding things that have a strong smell, avoiding smelly, colored, cold foods, and eating carefully. small portions but often. However, the nursing problem of nausea related to pregnancy was partially resolved. This was due to time constraints and after the recommended 3 day control the patient did not return to the Wagir Community Health Center KIA polyclinic.

**Keyword** : pregnancy, nausea, nursing care, counseling