

ABSTRACT

Suparno, Syifa Khoirunnisa. 2024. *Overview of the Local Supplemental Food Program and the Nutritional Status of Pregnant Women with Chronic Energy Deficiency in Semen District Kediri Regency. Midwifery Study Program Midwifery Departement, Health Polytechnic of Kemenkes Malang. Supervisor I : Dr. Kissa Bahari, S.Kep., Ns., M.Kep. Advisor II : Lisa Purbawaning Wulandari, S.KM., M.Kes.*

Nutritional status is a problem that occurs in Indonesia. These nutritional problems can cause several risks to the mother and fetus, such as anemia, bleeding, infection, low birth weight. The government's effort to address poor nutritional status in pregnant women is the implementation of a local supplementary food program. The aim of this research is to determine the description of the local supplementary feeding program and the nutritional status of pregnant women with chronic energy deficiency in Semen District, Kediri Regency. This type of research combines quantitative and qualitative research with a descriptive design. Research subjects were pregnant women who participated in a local supplementary feeding program in July – September 2023. Data collection techniques were secondary data collection and interviews. Based on the results of interviews with community health center officers, it was found that the implementation of the local supplementary feeding program was in accordance with the 2023 technical instructions and there were deficiencies in the menu cycle section. Based on the results of interviews with pregnant women who took part in the local supplementary feeding program, they said that this program was good and exciting, and based on descriptive statistical analysis, the results showed that pregnant women who participated in the local PMT program in Semen District, Kediri Regency in July – September 2023 had a final result of good nutritional status of 78% based on the measurement of Upper Arm Circumference and had a weight gain that was in accordance with the recommendations of 88%.

Key Word : *local PMT program, chronic energy deficiency, nutritional status, pregnant women*