

ABSTRAK

GAMBARAN PEMBERIAN ASI DAN STATUS GIZI BALITA DI DESA BULUKANDANG KABUPATEN PASURUAN

Breast milk provides all the energy and nutrients the baby needs. The results of a pre-survey conducted on May 16 2024 in the Bulukandang Village area contained 6 babies aged 0 - 6 months and 9 babies aged 6-24 months. The results of a questionnaire on 15 under-aged mothers aged 0 - 24 months found that the results for babies who received IMD were 87%, while the results for babies who did not receive IMD were 13%. Overall, 50% of babies aged 0 to 6 months receive exclusive breast milk and 50% of babies who do not receive exclusive breast milk. 11% of toddlers aged 6 to 24 months were still given breast milk and 89% were not given breast milk. With a sample of 15% taken using a random sampling system then the data was taken using a questionnaire. In the assessment of the nutritional status of the clowns, the weight and body length of the clowns were measured, then the measurement results were processed using the WHO Anthro Plus application, then the data was grouped based on the category of nutritional status, BB/PB, it was found that the results of the clowns had a good nutritional status of 93% and the clowns had a poor nutritional status of 7 %. The nutritional status category based on BW/U resulted in a normal nutritional status of 87%, a nutritional status of underweight of 6% and a risk of being overweight of 7%. 87, while the nutritional status category based on PB/U resulted in normal nutritional status of 64%, short nutritional status of 7% and very short of 20%. Early Initiation of Breastfeeding (IMD) is the process of allowing the baby to breastfeed on its own immediately after birth and breastfeeding for an hour or more. In principle, IMD is direct contact between the mother's skin and the baby's skin, the baby is placed on his stomach on the mother's chest or stomach as soon as possible after drying the whole body. IMD provides extraordinary miracles for both babies and mothers. Early Breastfeeding Initiation (IMD) is the process of allowing the baby to breastfeed on its own immediately after birth and breastfeeding for an hour or more. In principle, IMD is direct contact between the mother's skin and the baby's skin, the baby is placed on his stomach on the mother's chest or stomach as soon as possible after drying the whole body. IMD provides extraordinary miracles for both babies and mothers. It is recommended that mothers increase exclusive breastfeeding to improve baby nutrition and make regular visits to posyandu to monitor child growth and development.

Kata kunci: ASI, ASI eksklusif, status gizi bayi